

Focus on the Family: Family Fun

Psalm 128:1-6

*How blessed is everyone who fears the Lord,
Who walks in His ways.*

*When you shall eat of the fruit of your hands,
You will be happy and it will be well with you.*

Your wife shall be like a fruitful vine

Within your house,

Your children like olive plants

Around your table.

Behold, for thus shall the man be blessed

Who fears the Lord.

The Lord bless you from Zion,

And may you see the prosperity of Jerusalem all the days of your life.

Indeed, may you see your children's children.

Peace be upon Israel!

What does God think about us relaxing and having fun? Most people may say - He doesn't! To say that would be far from the truth. God instituted work and He also gave time for rest and fun. In the Old Testament, Sabbath days, festivals, and feasts, accounted for almost 24% of all days. By God's design, He planned for people to have 86 days a year to relax, refresh, worship and enjoy the family.

1. God gives personal time.

Exodus 16:29, Ecclesiastes 3:13, 5:18-20, 8:15

Ecclesiastes 8:15 (NLT) 15 So I recommend having fun, because there is nothing better for people in this world than to eat, drink, and enjoy life. That way they will experience some happiness along with all the hard work God gives them under the sun.

2. God cares about how I use my time.

1 Thessalonians 5:21-22, James 4:17, 1 Corinthians 10:31, Ephesians 5:8-11,

Colossians 1:10, 3:17, John 10:10

3. God wants me to have fun!

Fun refreshes.

Exodus 23:12, Psalm 127:2, 128:2

Fun repairs.

Proverbs 12:25, 15:13-15, 17:22, Luke 15:23-24

Fun remains.

Psalm 128:4 -6