

Unpacking Abundant Life
Life Comes with Instructions

Psalm 119:105
Your word is a lamp to my feet
And a light to my path.

I have heard people say, usually in frustration, “I wish life came with instructions!” It does. God does not leave us to live life by chance. He gives us clear instructions and principles to live by. He wants us to have a life that is full and abundant (John 10:10). Obedience is the moving force behind a fulfilling life. Let’s live according to the instructions.

1. Listen to God, not your heart.

Jeremiah 17:9, Ecclesiastes 9:3, Mark 7:21-22, Deuteronomy 11:26-28, 12:28

2. Follow God in faith, abandon your fears.

Proverbs 3:5, Psalm 37:5

Benefits of Trust

- Blessed - Jeremiah 17:7
- Helped - Psalm 28:7
- Loved - Psalm 32:10
- Stable - Psalm 125:1
- Prosperous - Proverbs 28:25
- Praised - Proverbs 29:25

3. Plunge into God’s word, filter everything else.

James 1:21

- Mind - Philippians 4:6, 2 Corinthians 10:5, Luke 10:27, Philippians 4:8
- Body - 1 Corinthians 6:20, Colossians 3:5, Romans 12:1, Philippians 1:20
- Marriage - Ephesians 5:25, Matthew 19:4-6, Hebrews 13:4, Matthew 5:27-28
- Anger - James 1:19-20, Ephesians 4:26-27, Colossians 3:15

4. Apply God’s principles, let go of the world’s measures.

1 Corinthians 2:16, Colossians 1:26, 2:2