

Don't Let Fear Rule

Proverbs 29:25

The fear of man brings a snare, But he who trusts in the LORD will be exalted.

Fear alters the way we do everything. It can have both positive and negative aspects which are determined by how we deal with it. To move with confidence, we need to understand how to conquer fear. So, let's take a look at what fear is, understand how it affects us, and learn how to make sure it is not ruling our lives.

1. Three types of fear.

Eulabeia - Hebrews 12:28-29

Phobeo - Matthew 10:28

Deilia - Mark 4:40

2. The affects of fear.

Negativity -

1 Samuel 17:28, Exodus 14:11-12

Forgetfulness -

1 Samuel 17:11, 1 Samuel 17:24

Inaction -

1 Samuel 17:16

3. How to make sure fear fails and faith rules.

A. Remember who you are in Christ.

1 Samuel 17:37, John 1:12, Romans 8:16-17, 1 John 3:1

B. Remember who God is.

1 Samuel 17:26, 1 Samuel 17:46-47, Exodus 14:13-14, 1 John 4:4, Revelation 1:8

C. Take practical steps in faith.

- Pray
 - Read God's Word
- Matthew 4:4

- Recite God's Promises daily

Psalm 23:4, Deuteronomy 31:8, John 14:27, Philippians 4:6-7, 1 Peter 5:7

- Move - Exodus 14:15