

# Lord Help Me Tame My Tongue

James 3:5-10

So also the tongue is a small part of the body, and yet it boasts of great things. See how great a forest is set aflame by such a small fire! And the tongue is a fire, the very world of iniquity; the tongue is set among our members as that which defiles the entire body, and sets on fire the course of our life, and is set on fire by hell. For every species of beasts and birds, of reptiles and creatures of the sea, is tamed and has been tamed by the human race. But no one can tame the tongue; it is a restless evil and full of deadly poison. With it we bless our Lord and Father, and with it we curse men, who have been made in the likeness of God; from the same mouth come both blessing and cursing. My brethren, these things ought not to be this way.

My words are powerful. With a few words, I can destroy or build. I have a choice and need to choose to do right. Through James, God warns me of the dangers of using my tongue in the wrong way. I need help. God will teach me and aid me in taming my tongue.

In taming my tongue I need to

1. Dedicate my heart and tongue to the Lord daily.  
Matthew 15:18, Psalm 19:14, Romans 6:13, 12:1
2. Put my heart in tune with God's by reading His word daily.  
Psalm 119:9, 11, 13, 37:31
3. Assume responsibility for every word I speak.  
Matthew 5:21-22, 12:36, Psalm 39:1, 141:3
4. Ask forgiveness for my unloving words and attitudes.  
Matthew 5:23-24, Romans 12:17-18, Romans 14:19, Mark 9:50
5. Learn how to give words that will encourage, comfort, and inspire.  
Ecclesiastes 10:12, Hebrews 10:24, Ephesians 4:29, Colossians 4:6